



The Young Carers Charter

Everybody has rights and responsibilities. The Young Carers Charter was drawn up by the Carers Trust. It sets out the rights to which young carers are entitled. Stockport Children's Trust would like all schools and services in the Borough to sign up to the Charter and commit to identifying and supporting our young carers.

The Charter

'We are children and young people who are also carers. We want people to recognise this. We believe we should have the same rights as other children and young people' including the rights:

- To be children and young people as well as carers
- To attend schools and colleges that give us the help we need to get an education
- To have fun, friends and time off from caring
- To have a well-supported family life
- To have practical help and support
- To a safe environment and protection from harm, including any harm that our caring roles could cause us
- To services that value our different backgrounds, culture, religion, race, gender and sexuality
- To be listened to
- To an assessment of what we need as individuals
- To be involved when people make decisions which affect our lives
- To have a wide range of information that would help us
- To someone who will help us have a voice (advocacy)
- To understand how things work and how to complain if we want to
- To choose how much caring we do, and
- To become independent adults.

We are a school that recognises supports and ensures young carers enjoy these rights.

Signed _____ Headteacher.

Signed _____ Chair of Governors.